

CHOOSE YOUR FAVOURITE FOODS
AT YOUR DOOR STEPS

ONLINE ORDERING



044 - 6000 6600



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044 - 4357 5588



UBER EATS

CONVINIENT SHOPPING RIGHT
AT YOUR FINGER TIPS!



1860 123 1000



1800 419 7355



+91 9543754375



1800 208 9898



098805 98989

TRANSPORT ON CALL AT YOUR DOOR STEP



044 - 3355 3355



044 - 4422 4422



18665761039



044 - 2473 2020

IMPORTANT TELEPHONE NUMBERS

Police	100	LAUNDRY	
Ambulance	108	Krishnan	8807632963
Fire station	101		9840493974
Bomb Disposal	044-22560718	Arumugam	8870687389
HOSPITAL NUMBERS		Big Laundry	044 49056000
Gleneagles Global Health City	044-44777100	AC Maintenance	
	044-44777000	RR Enterprises	9710465694
Gleneagles Global Ambulance	044-24242424	EMBASSY RESIDENCY MAINTENANCE.	
	044-46242424	Maintenance office	044-28381699
	044-44777048	Maintenance supervisor	8973467359
CURRENCY EXCHANGE		Maintenance Phase I	7397451088
Prithvi Exchange	044-64615868	Fern Block Phase II	9840822900
	044-24502226	Electrical	9629257598
	9150090232	SECURITY	
TRANSPORT FACILITIES		Karthikayan	8428955550
Fast Track	044-24732020	Microsense Net Connection	
	044-60006000	Anand	9840564644
Ola	044-33553355	Rajini	7358388089
Uber	18665761039	WATER PURIFIER	
Meru	044-44224422	Eureka Forbes Maintenance	9042376671
Auto Babu	8939056659	Sr.Manager	9884801880
	9025554477	Akash Ganga (phs-1)	
Restaurant Door Delivery		Water Purifier	9751413358
Amaravathi	044-24500711	FRUITS & VEGTABLES @ Embassy	
KFC	044-44844484	Wednesday, Saturday Phs-1 Daffodil	8am-12 pm
Mc Donald	044-66000666	Sunday Marigold-Phs-2	8am-12 pm
Wangs Kitchen/Hot Breads	044-39253925	Mini Dept. Store Nr Swimming pool	All days
Pizza Hut	044-44112233	Big Basket	18601231000
French Loaf	044-32216627	AIR WAYS AIRPORT	
Ponnusamy Hotel	044-24501614	Gulf	044-22561473
Mallkudi	044-24530661	Emirates	044-33773377
Delhi Dhaba	044-24530662	Kuwait	044-28192911
Buhari Hotel	044-64596969	Oman	044-43473333
	044-64597979	Lufthansa	044-30213500
Ammis Biryani	044-39457777	Saudi Arabian	044-24343479
Thalapakkatti Biryani	9840383721	SERVICE MANAGERS	
	8880488804	S.S.MANI	9282115556
Sangeetha (veg)	044-65555699	KALPANA MANI	7200016977
	044-22772225	Help Centre Apartment	1521
All Food Door Delivery		To call Fern apartments, in intercom - dial last Two digit number of the flat (e.g.. 1521 dial 21)	
Swiggy	044-60006600		
Zomato	91130806376		



INTEGRATED RESOURCES
& SERVICES

4C, "Sri Sai Subramania" #27, Temple Avenue Srinagar Colony,
Near - Raj Bhavan, Chennai- 600 015.

439, Saraswathi Rajasekhar Salai, 'Fern' Block, Phase 2, Perumbakkam,
Chennai - 600 100. Tamil nadu, India

Mobile: +91 92821 15556, 92821 10555, 72000 16977, 80560 03322.

Landline: 044 22300225 / 871 / 66081103 / 104

Mail: irs4youssm@gmail.com / irs4youssm@gmail.com

Website: www.irs4u.in

Welcome to



Gateway to South India

www.irs4u.in

ABOUT CHENNAI

State	: Tamil Nadu
District	: Chennai, Kanchipuram, Tiruvallur
Area	: 459.07 sq mi
Population	: 7,088,000 (As per 2011 census)
Altitude	: Sea Level
Climate	: Tropical with two monsoons (June-Aug & Sep-Nov)
Language	: Tamil, English, Malayalam, & Telugu are widely Spoken.

PLACE OF WORSHIP DISTANCE *



Kapalishwarar Temple	20.0 km (49 min)
Sri Parthasarathy Temple	23.0 km (56 min)
Kovalam Durgah	20.0 km (34 min)
Thousand Lights mosque	22.2 km (52 min)
Santhome Cathedral	20.3 km (50 min)
Masjid Mamoor	27.4 km (1h8 min)
Shirdi Sai Baba Temple	10.3 km (21 min)
Amir Mahal	23.8 km (58 min)

TEXTILES & JEWELLERY DISTANCE *

Pothys Hyper	19.0 km (48 min)
Sri Kumaran Store	19.5 km (51 min)
The Chennai Silks	13.6 km (31 min)
Nalli Silks	12.5 km (30 min)
Joyalukkas Jewellery	10.5 km (24 min)
Tanishq Jewellery	11.8 km (27 min)
Prince Jewellery	15.7 km (32 min)
GRTJewellers	11.2 km (25 min)

SHOPPING MALLS DISTANCE *



Phoenix Market City	12.4 km (27 min)
Express Avenue Mall	22.9 km (54 min)
The Forum Vijaya Mall	22.4 km (50 min)
Chennai Citi Center	21.5 km (53 min)
Skywalk (ampa Mall)	26.4 km (1h5 min)
Spencer Plaza	22.6 km (54 min)
Saravana Stores	12.7 km (28 min)
Jeyachandran Textiles	3.7 km (10 min)

THEME PARK & RESORT DISTANCE *



Our Farm House	18 Km (40 mins)
Our Beach Resort	30 Km (45 mins)
Children's Park	16.6 km (40 min)
Gandhi Mandapam	16.4 km (40 min)
Vandalur Zoo	18.2 km (38 min)
Semmozhi Poonga	22.2 km (1 h)
Crocodile Bank	24.1 km (40 min)
Queens Land	37.2 km (1h 2min)
MGM Dizzee World	14.5 km (31 min)
VGP Universal Kingdom	8.4 km (22 min)
Kishkinta	17.3 km (39 min)
Mayajal	12.3 km (25 min)
Valluvar Kottam	23.0 km (47 min)
Marina Beach	22.2 km (47 min)

Your One Stop Guide to (FLIRT WITH CHENNAI CITY)

@ChennaiTimesOfficial

HOSPITAL DISTANCE *

Gleneagles Global Hospital	0 km (0 min)
Apollo Hospital	10.3 km (26 min)
Fortis Hospital	17.4 km (48 min)
Chettinad Health City	18.2 km (42 min)
Lifeline Hospital	14.7 km (30 min)
MIOT International	19.4 km (39 min)
Ramachandra Hospital	24.2 km (47 min)

INDIA

States In South India

Andaman and Nicobar Islands.
Andhra Pradesh.
Karnataka.
Kerala.
Lakshadweep.
Puducherry.
Tamil Nadu.
Telangana.

Largest cities

Delhi, Bengaluru, Chennai,
Hyderabad, Ahmedbad,
Mumbai, Kolkata,
Surat, Pune, Jaipur



Districts of Tamil Nadu

- Chennai
- Coimbatore
- Tirupur
- Erode
- Salem
- Madurai
- Tuticorin
- Trichy
- Rajapalayam
- Sivakasi
- Tirunelveli
- Kanyakumari
- Hosur
- Dharmapuri
- Krishnagiri
- Karalkudi
- Srivilliputhur
- Vellore
- Kanjivaram
- Arni
- Dharmavaram

* Started from **Gleneagles Global Hospital**